



Technical Rules

MUSIC GUIDELINES FOR BW & RR COMPETITIONS

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Visa :

on behalf of WRRC Presidium
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WRRC VP Legal Affairs

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Version	Description of modifications
1.0	Original version

SUMMARY

1	<i>SUBJECT</i>	<i>4</i>
2	<i>DEFINITION</i>	<i>4</i>
3	<i>SPEED MUSIC CALCULATION METHOD</i>	<i>5</i>
4	<i>MUSIC FOR PRELIMINARY ROUNDS</i>	<i>5</i>
5	<i>INDIVIDUAL MUSIC</i>	<i>6</i>
5.1	Music requirements for RR couples	7
5.2	Music requirements for RR Small formations.....	8
5.3	Music requirements for Formations	8
6	<i>POSSIBLE REASONS OF REJECTION FROM THE MUSIC COMMISSION</i>	<i>8</i>
7	<i>NEW WRRC CD's.....</i>	<i>8</i>

1 SUBJECT

This document is intended to regulate the musical part during WRRRC competitions.

2 DEFINITION

Music speed (Tempo)

In WRRRC, expressed in Bar Per Minute – BPM.

Note: Originally, bpm means beats per minute, i.e. bpm. It is very important not to confuse with bar per minute used in WRRRC because the bar per minute means how many 4 beats there are in one minute (1 bar = 4 beats).

Bar

The music used in a RR competition is divided into 4 (four) beats in one bar – 4/4.

Boogie Woogie music style

Please refer to the Music Theory document:

[https://www.wrrc.org/documents/bw/boogie woogie njs - music theory - april 2016.pdf](https://www.wrrc.org/documents/bw/boogie_woogie_njs_-_music_theory_-_april_2016.pdf)

Intermezzo (Intermezzi at plural form)

Changing the musical sequence, splitting a piece of music into several musical parts through parts whose Rock'n'Roll musical style is not audible. Any part that does not include the 4 beats of the Rock'n Roll rhythm. If a part of the Rock'n'Roll part does not include the 4 beats of the Rock'n Roll rhythm, this part must include at least 4 drums in a bar (like cymbal, tambourine, etc...) on the same rhythm as Rock'n'Roll (in order to keep the possibility for the judges to evaluate the rhythm mistakes). Otherwise, this part will be considered as a non-Rock'n'Roll part and therefore as an Intermezzo.

Intro

The Intro is the lead-in part at the beginning of the music. This part doesn't need to be a Rock'n'Roll / Boogie Woogie style music, and can be the introducing part of the original music.

Outro

The Outro is the lead-out part at the end of the music. This part **doesn't have** to be Rock'n'Roll / Boogie Woogie style music, and can be the exiting music part of the original music.

Rock'n'Roll/Rock music style

The birth of Rock'n'Roll music is linked to the advent of the electric distorted guitar. In the beginning, Rhythm'n'Blues and Country music patterns were played with the "new" guitar sound, in today's terms "cover" songs were written with a new sound, and then new songs were written with the electric guitar as the lead instrument. Classical Rock'n'Roll was usually played with one or two electric guitars (one solo, one rhythm) and a double bass (string bass).

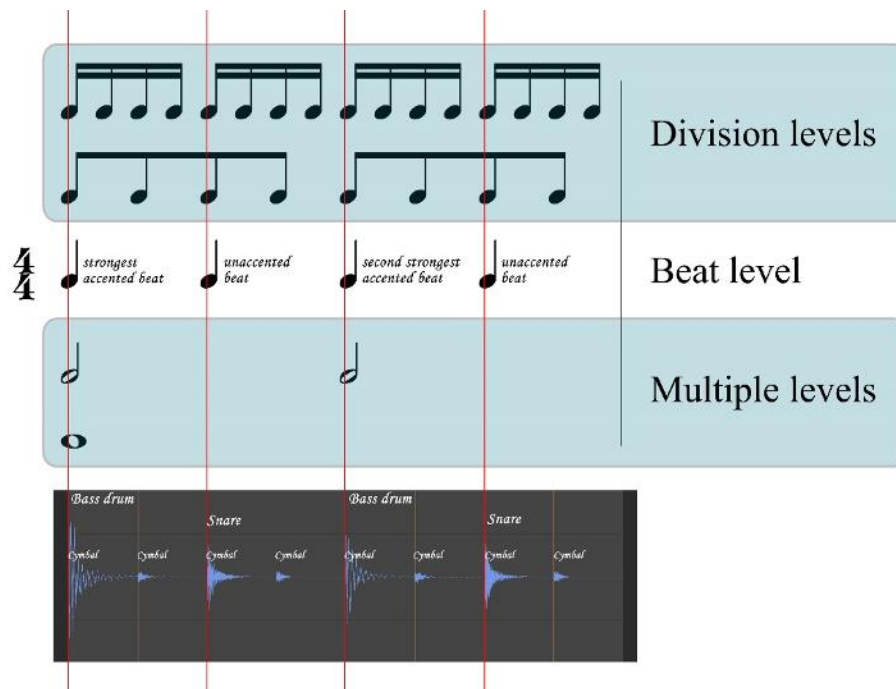
What is the Rock'n'Roll?

Rock'n'Roll/Rock rhythm style

The drum set consists of at least a bass drum, a snare drum and cymbals.

At a minimum, the music used for competitions must clearly show a heavy or strongly accented bass drum on the odd beats, and a snare drum or claps on the even beats of the music.

The first beat of the bar (downbeat) is usually the strongest accent in the melody and the likeliest place for a chord change, the third is the next strongest: these are "on-beats". The second and fourth are weaker – the "off-beats".



Rock'n'Roll part

The Rock'n'Roll part in competition is the part of the music where the Rock'n'Roll rhythm style is played and clearly heard (except during the drum set breaks of the original music).

3 SPEED MUSIC CALCULATION METHOD

- Fast calculation
 - With a stopwatch, measure the duration by counting ten (10) 4/4 bars;
 - Divide 600 by the timed duration;
 - The result of the calculation informs you directly about the approximate music speed of the music.
- Exact calculation
 - Count how many beats there are in sixty (60) seconds;
 - Divide the number by four (4);
 - The result of the calculation informs you directly about the exact average speed of the music.

Note: 48 BPM (bar per minute) = forty eight times 4 beats = 192 beats = 24 times 8 counts (beats).

(Ex.: One and half minute 48BPM music have 288 beats = 36 times 8 counts).

4 MUSIC FOR PRELIMINARY ROUNDS

It's obligatory for all organizers of WRRRC events to use music only from approved WRRRC music lists. If an organizer wants to use other music than on the approved list, he must submit the songs in appropriate format (mp3 – hi quality – with same volume of songs and correct speed – refer on paragraph 5 – Quality of the music) to Music Commission of WRRRC at least 3 weeks before the event.

If you want to send your own musics for your competition, please contact music@srrc.ch at least 3 weeks before the event.

5 INDIVIDUAL MUSIC

Validation and registration of final music for couples and formations is managed through the WRRC Registration Software (online Registration Tool).

Please contact your national administrator about the correct procedure within your national federation.

It is only possible to submit music for validation if all dancers are fully registered (and have paid the registration fee).

**Not valid
in 2023**

NOTE: only .mp3 format will be accepted, with a maximal file size of 9 MB.

Only approved individual music of the couples/formations stored on the WRRC-server through the Registration System can be used on the competitions.

The WRRC Office will provide the music to the organizer via download link from the WRRC-Server. In cases where no music was registered (or not in time), the couple will have the possibility to choose the song from the official WRRC CD lists. There will be no possibility to play the music from the CD-s brought to the competition.

Couples/formations are responsible to submit the final high-quality version of the recording to the registration system.

IMPORTANT: Final music must be approved before the announcement of the couple/formation to the competition, otherwise it will not appear on the starting list, and cannot be used on the competition!

**Valid in
2023**

Please respect the fact that WRRC Music commission must have enough time to review and approve the music you send over the Registration System, and that it cannot be done on the last day of the announcements. WRRC Music commission is not responsible if the music is not validated on time because of late submitting.

Length of music

please refer to Rock'n'Roll Rules document – TR_0001 last version & Boogie Woogie Regulation document – TR_0007 last version

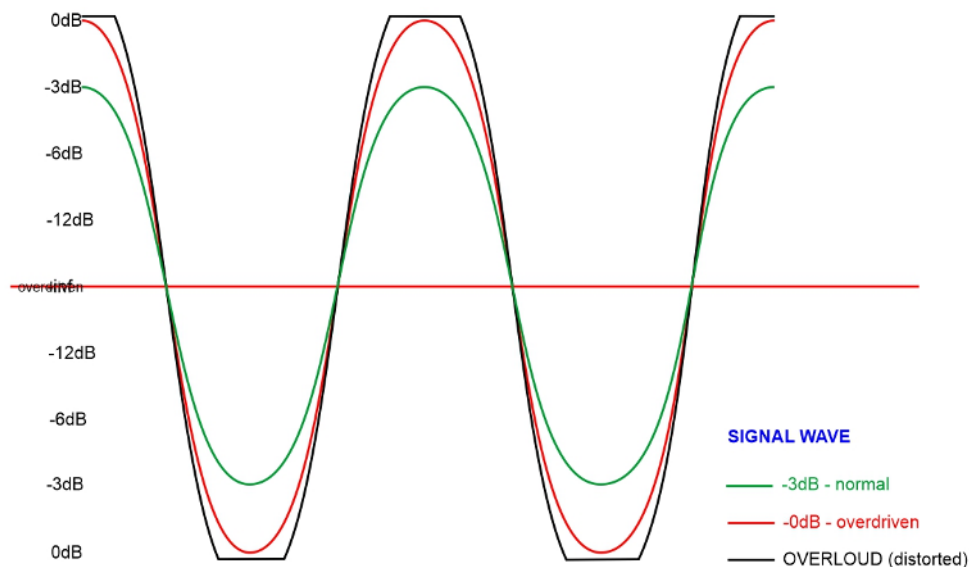
Speed of music

- for Rock'n'Roll: please refer to Rock'n'Roll Rules document – TR_0001 last version
- for Boogie Woogie: please refer to Boogie Woogie Regulation document – TR_0007 last version

Quality of the music (Loss and Lossless music)

**Just
recommandation**

- Overloud
All music should be normalized to -3dB! - Playing/using "overloud" music is not recommended and may be subject to rejection from the Music Commission.



- Second Drum Set (Rock'n'Roll Drums overlay)
This layering must be balanced and perfectly synchronized with the original music. The added drums must merge harmoniously with the original music. Failure to comply with this point could result in rejection from the Music Commission.
- Tempo adjustment
The artificial tempo correction should be done with a maximum acceleration of 25% (digital edition)! More acceleration will distort the music (example: 38bpm to 48bpm). It is strongly advised to consider this point. Too much distortion of the original music could result in rejection from the Music Commission.
- Quality recommendations
 - ⇒ In case mix down or rendering down (save as) from lossless audio files, before compressing a lossless audio file to mp3 format, it is important to set the parameters:
 - Format: MPEG-1 Audio Layer III (mp3)
 - Recommended bit rate: 320 kb/s
 - Channels: 2 channels (stereo)
 - Recommended sampling rate: 44.1 kHz
 - ⇒ In case mix down or rendering down (save as) from lossy audio files:
 - If the source file is of poorer quality than the recommended settings, especially if they are of different quality, it is still worth using the recommended settings, regardless of the fact that the sound file will not be of better quality.

It is advisable to respect these recommendations. Poor music quality could result in rejection from the Music Commission.

5.1 Music requirements for RR couples

Couples can use their own music only during the final round (except during WRRRC World Cup Final – please refer to World Cup Final Regulations document – SR_0003 last version).

Please note the following rules:

- Final music of the RR couples can have a max. additional 10 sec. on allowed dancing time.
- The minimum Rock'n'Roll part of the music equals the minimum duration time for each category.
- No Intermezzo allowed.

5.2 Music requirements for RR Small formations

Small formations can use their own music only during the final round.

Please note following rules:

- Final music of the RR small formations can have a max. additional 10 sec. on allowed dancing time.
- The minimum Rock'n'Roll part of the music equals the minimum duration time for each category.
- No Intermezzo allowed.

**Not valid
in 2023**

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5.3 Music requirements for Formations

The RR Ladies/Girls formation cannot be announced without short **AND** long program approved music (only one music is required for BW).

Please note following rules:

- Short program
 - No Intermezzo allowed.
 - No Outro (without Rock'n'Roll style music) allowed.
- Long program
 - Outro can be maximum 10 seconds.
 - Inside the Rock'n'Roll/Boogie Woogie part, it is possible to have a maximum of 2 Intermezzi. The total time of these Intermezzi (all together) must be a maximum of 10 seconds. These Intermezzi don't need to be Rock'n'Roll / Boogie Woogie style music.

**Not valid
in 2023**

6 POSSIBLE REASONS OF REJECTION FROM THE MUSIC COMMISSION

(non-exhaustive list)

- ⇒ Speed of music does not follow the rules
- ⇒ Music style is incorrect
- ⇒ Intro time is too long
- ⇒ Intermezzo not allowed
- ⇒ Exceeded number of intermezzi
- ⇒ Intermezzo total duration does not follow the rules
- ⇒ Outro time is too long
- ⇒ Too short RR part
- ⇒ Too low quality
- ⇒ The additional rhythm is out of sync with the original music
- ⇒ The lyrics or sound effects are political, religious, violent or sexual in nature
- ⇒ Music identical to one already sent (multiple sending of the same file)

7 NEW WRRRC MUSIC LISTS

In order to expand our WRRRC-music catalogue, please send to WRRRC Music Commission your list for nominations of new songs (full songs with obligatory name of artist and name of song in high quality – preferable in FLAC or any other lossless high-quality format) with following in the “subject” field: Nomination for the new music catalogue.

For all additional information please contact WRRRC-Office (info@wrrc.dance)

**If you want to send musics for the SRRC-music catalogue, please send it to music@srcc.ch.
The Commission will study it.**



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